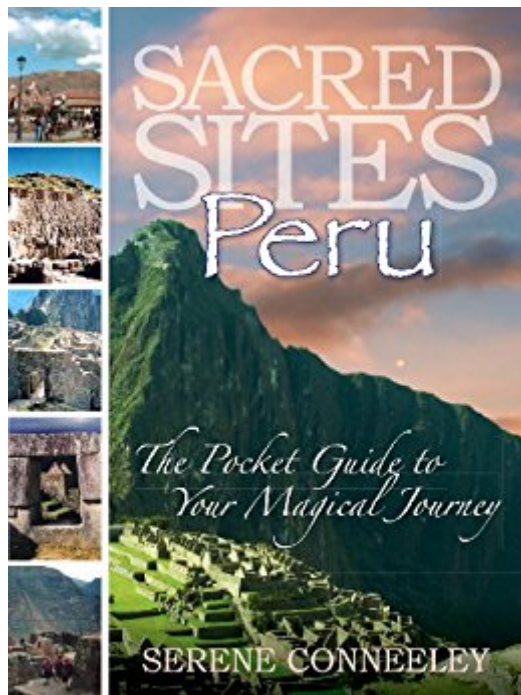


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Sacred Sites: Peru



Synopsis

The South American country of Peru has long inspired those in search of enlightenment, with its fascinating tribal cultures, lush greenness, vibrant wildlife and primal magic that envelops the land and its people. Here sacred valleys, tropical beaches, rainforest wilderness, sweeping desert plains, fierce rivers and stunning snowcapped mountains create an alchemical enchantment felt by all who visit. Today Peru is re-emerging as a centre of spirituality, healing and the Old Ways, thanks to its powerful earth energy, the divine truths hidden within its stone ruins, and the knowledge of its traditional wisdom keepers, who are stepping forward to share their mysteries with a world craving reconnection. Within the pages of *Sacred Sites: Peru*, you will:

- Explore the old temples where the sun god and the earth goddess were once worshipped, walk in the footsteps of kings and queens, and marvel at the beauty and wonder of the fabled Lost City of Machu Picchu.
- Learn the history of this magical land and its inhabitants, from indigenous shamans and artisans to the mighty Inka warriors, the invading Spanish conquistadors and the local revolutionaries.
- Journey deep into the jungle, where sacred plant medicine rituals create a fiery initiation and the symbolic death of the self.
- Find new perspective, balance and healing, and the courage to let go of the past, by connecting to the powerful energy of the earth.
- Read an interview with shaman and author Albert Villoldo.

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Customer Reviews

Well established and highly regarded by the readers of her beautifully written guides covering many magical and sacred sites around the globe, Serene Conneeley depicts her wonderous adventures in an intimate and enthralling fashion. The passion Serene so obviously has for travel, adventure and the subjects of her many books (in this case Peru) is evident from the very first page. With an intimate knowledge usually reserved for travellers many times her age, casual travellers to the most discerning amongst us will appreciate and benefit from this informative and story laden book.

Readers of the much larger and excellent *Seven Sacred Sites: Magical Journeys That Will Change Your Life* will be familiar with her unique style and appreciate this expanded version of the Peru chapter. Personally, I love the digital version as I get to travel with them all without having to find a space in my bag! I wanted to visit Peru before I read this guide, now I can't wait and know my adventure will be so much richer for it. Thank you!

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When my friend said she was going to Peru with her family, the first thing I did was get a copy of this beautiful guide as a going-away gift. I would call it a travel guide, but it's so much more... it not only covers the geography and history of Peru, but the author also profiles the culture and spirituality

too. Ms Conneeley even offers super practical advice to keep the reader out of jail! For example, if you drink tea made from the coca leaf, you can test positive for cocaine! This is not something you want to happen when you go to the airport! I really like how the author weaves these aspects together seamlessly to create much more than a "stay here, catch this bus" style of travel guide. She has created a holistic insight into this country that helped my friend prepare for her trip emotionally and spiritually, as well as physically.

I love the idea of the individual pocket guide series to Sacred Sites. Peru is on my list of places to visit and Serene's writing style has taken me there, especially with her "arm chair traveller's guide to Peru". Highly recommended reading.

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